

# CalAIM Medically Supportive Food & Nutrition Community Supports Capacity Building Readiness Assessment Survey Introduction | July 22, 2022



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# 1. WELCOME & INTRODUCTIONS

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*with support from the San Francisco Public Health Foundation*

## AGENDA

1. **Welcome & Introductions**
2. **CalAIM & Community Supports 101**
3. **Capacity-Building Initiative**
4. **CalAIM Readiness Assessment Survey**
5. **Q&A**

### What is CalAIM?

- Every five years, states can apply to the federal government for exemptions to Medicaid rules (called "waivers") to pilot new strategies for providing health care.
- California recently took this opportunity and launched California Advancing and Innovating Medi-Cal (CalAIM), charting a long-term commitment to transform and strengthen Medi-Cal.
- CalAIM offers Californians a more coordinated and person-centered approach to maximizing their health and life trajectory.

#### CalAIM Timeline:

January 2022 through 2027

### What are Community Supports?

- Community Supports are new statewide services provided by Medi-Cal managed care plans as cost-effective alternatives to traditional medical services or settings.
- They are designed to address the social drivers of health (factors in people's lives that influence their health).
- Many of the services build on and scale work in the Whole Person Care Pilots, the Health Homes Program, and Home and Community Based Service Waivers.
- All Medi-Cal managed care plans are **encouraged** to offer as many of the 14 Community Supports as needed.

### The 14 Community Supports in CalAIM:

- Housing Transition Navigation Services
- Housing Deposits
- Housing Tenancy and Sustaining Services
- Short-Term Post-Hospitalization Housing
- Recuperative Care (Medical Respite)
- Day Habilitation Programs
- Caregiver Respite Services
- Nursing Facility Transition/Diversion to Assisted Living Facilities
- Community Transition Services/Nursing Facility Transition to a Home
- Personal Care and Homemaker Services
- Environmental Accessibility Adaptations (Home Modifications)
- **Medically Supportive Food & Nutrition (MSF&N)**
- Sobering Centers
- Asthma Remediation

### What are medically supportive food & nutrition services (MSF&N) under CalAIM?

Medically supportive food and nutrition services help individuals achieve their nutrition goals at critical times to help them regain and maintain their health.

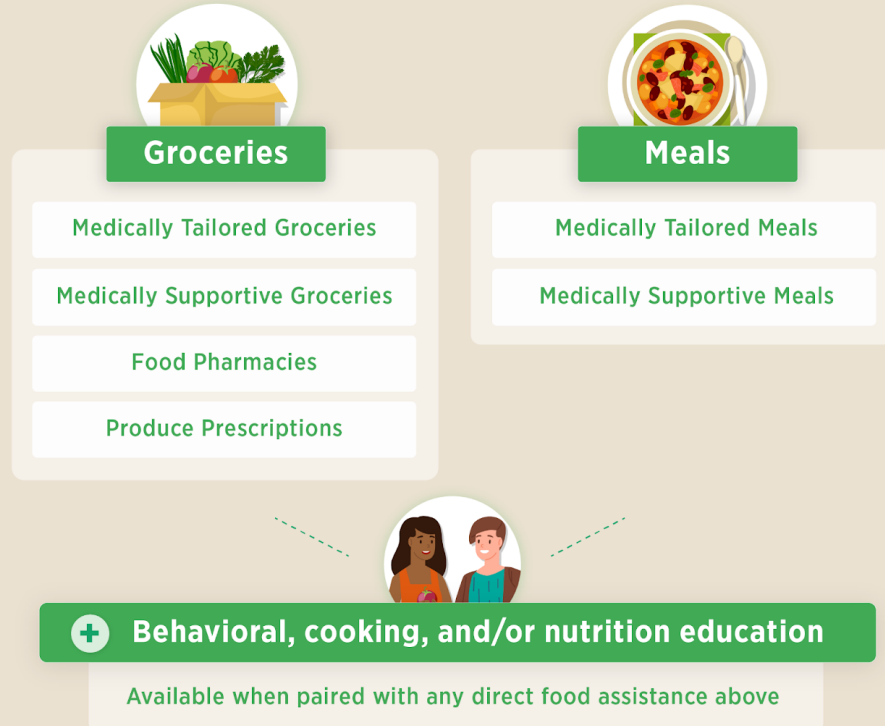
### Who is eligible to receive MSF&N services?

- Individuals with chronic conditions, such as but not limited to diabetes, cardiovascular disorders, congestive heart failure, stroke, chronic lung disorders, human immunodeficiency virus (HIV), cancer, gestational diabetes, or other high risk perinatal conditions, and chronic or disabling mental/behavioral health disorders.
- Individuals being discharged from the hospital or a skilled nursing facility or at high risk of hospitalization or nursing facility placement.
- Individuals with extensive care coordination needs.

### 7 Food & Nutrition Categories in CalAIM:

1. Medically tailored meals
2. Medically supportive meals
3. Medically tailored groceries
4. Medically supportive groceries
5. Produce prescriptions
6. Food pharmacies
7. Behavioral, cooking, and/or other nutrition education services

# Medically Supportive Food & Nutrition



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### What health plans are providing MSF&N services to their members in San Francisco?

There are currently two Medi-Cal managed care plans serving San Francisco: Anthem Blue Cross and San Francisco Health Plan.

- **Anthem** opted in to offer their members MSF&N services at the launch of CalAIM earlier this year (according to public record).
- **San Francisco Health Plan** intends to offer MSF&N services beginning in July 2023 (according to public record).

### How many Medi-Cal beneficiaries are covered by Anthem and SF Health Plan in San Francisco?

- Anthem has **22,284** enrollees
- SFHP has **161,078** enrollees

*Source: DHCS (May 2022)*

### 3. CAPACITY-BUILDING INITIATIVE GOALS

**Long-Term Statewide Goal:** Food & nutrition services become Medi-Cal covered benefits

**Mid-Term Goals:**

1. All Medi-Cal beneficiaries in SF eligible for MSF&N can access services easily.
2. All eligible MSF&N services should be sufficiently available in SF.
3. All Medi-Cal managed care plans in SF can offer all eligible MSF&N services to all eligible beneficiaries.
4. Eligibility criteria for MSF&N follow DHCS' broad definition.
5. SF MSF&N CBOs have access to tools and resources to build their contracting capacities and capabilities.
6. All health plans and CBOs commit to measuring outcomes and (if favorable) advocating for permanent inclusion of MSFN in Medi-Cal.
7. Interested MSF&N CBOs build capacities and capabilities to work with other types of health plans in the future.



### 3. CAPACITY-BUILDING INITIATIVE OBJECTIVES

#### Immediate Objectives

1. Orient MSF&N CBOs in SF to potential contracting opportunities.
2. Assess MSF&N CBOs' contracting readiness and needs/preferences for capacity building.
3. Develop a series of tools and resources to help any MSF&N CBO learn about, orient, and build capacities for contracting with Medi-Cal managed care plans.
4. Provide small group and individualized CalAIM-related technical assistance to a small cohort of food/nutrition CBOs in San Francisco.

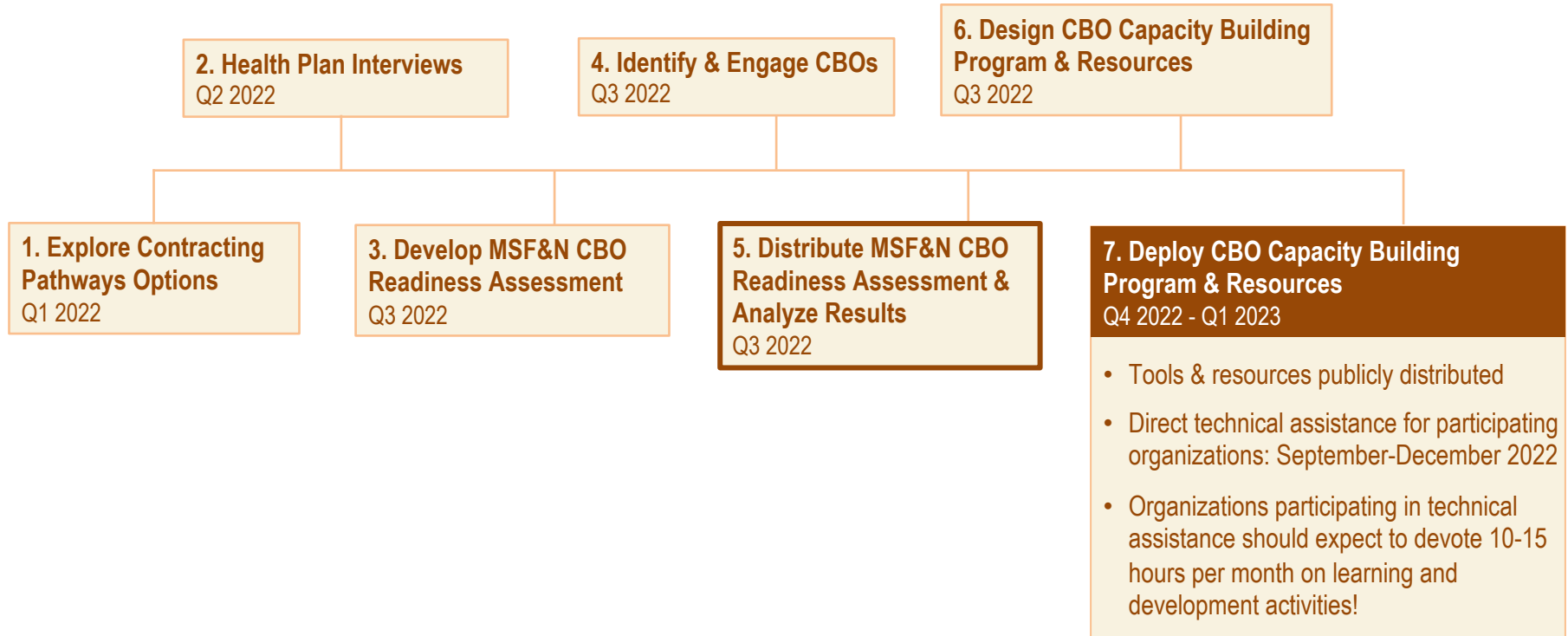
#### Capacity Building Cohort Selection Criteria

Organizations will be invited to participate in the cohort receiving direct CalAIM-related technical assistance based on:

- Interest in/commitment to participation in capacity building program
- Readiness to enter into contracts/subcontracts with health plans
- Experience serving populations disproportionately impacted by diet-related diseases
- The cohort's spread/representation of all eligible MSF&N services (e.g., groceries, meals, vouchers, etc.)
- The cohort's potential ability to serve all SF neighborhoods and capacity to reach the most people

This criteria was chosen to support a diverse cohort and onboard organizations that are likely to be successful in contracting or subcontracting with Medi-Cal Managed Care Plans. A few slots will be reserved for CBOs with lower-to-medium readiness to build a comprehensive ecosystem of nonprofits all positioned to work with healthcare.

### 3. CAPACITY-BUILDING INITIATIVE TIMELINE



### Purpose

The assessment survey results will be used to:

- Guide the development of a series of readiness planning and capacity-building tools and resources for all organizations interested in partnering with health plans
- Determine the cohort of organizations invited to participate in the direct technical assistance portion of this initiative.

Your results can also help you and your colleagues understand your organization's readiness for participating in potential health plan partnerships created under CalAIM, as well as other partnership opportunities with other types of healthcare organizations in the future.


### Execution

Involve your executive leadership team, including those responsible for supporting, planning, and overseeing your food/nutrition programs such as finance, communications, and contract management. This will increase accuracy in your scoring and create an opportunity for your team to discuss areas of strength and areas for improvement.

The survey should take you 45 to 60 minutes to complete. After completing the assessment survey, you will have access to all your results.

**Organization-level data collected in the assessment will not be shared with anyone outside of our project team.**

57% Complete



CalAIM Readiness Assessment for  
Food & Nutrition Providers  
Serving San Francisco

### 4. ADMINISTRATION & OPERATIONS

**4.1. Are your food/nutrition services/programs HIPAA compliant?** ⓘ

Comments

*Learn more about HIPAA basics [here](#) and [here](#).*

**4.2. Do you collect, analyze and report data on client information (such as name, date of birth, insurer, health information, etc) and your services provided to clients?**

Comments

**4.3. Do you have infrastructure, processes, and staffing to bill and invoice for your food/nutrition services?**

Comments

**4.4. If you were to develop/expand healthcare partnerships, which staffing areas do you think you would need to create or increase?**

Bilingual Administrators

## 4. ACCESSING & COMPLETING THE ASSESSMENT

### How to access the readiness assessment:

- Available on the Food As Medicine website: <https://www.foodasmedicinecollaborative.org/>
- Copy and paste the assessment link in the chat: <https://fs9.formsite.com/7K7V80/2pnpavqh1g/index.html>
- Email Alison Burger at: [Alison@CollaborativeConsulting.net](mailto:Alison@CollaborativeConsulting.net)

### Please complete and submit your assessment by 5pm PT Monday, August 8th

If you are unable to complete the assessment in one session, you can save and return to it later by selecting **Save Progress** on the bottom of each page, which will prompt you to create a login with password.

If you have questions about the tool, please contact Alison Burger at Collaborative Consulting:  
[alison@collaborativeconsulting.net](mailto:alison@collaborativeconsulting.net).

# Q&A



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